

SATURDAY

I went over to my mum's today for lunch. She doesn't like me going out at night. I am going to ask her to come to a Network meeting. So my network friends can tell her our safety plan.



SUNDAY

I thought I had lost my keys and got really worried. I phoned Trudy and left a message. She phoned me back a couple of hours later. By then I had found them. I rang another member, Jane, who suggested a key hook. I'll ask Trudy about that tomorrow. I think I have seen one in George's house. He is a Network member and we go to meetings at his house.



Beverley's week with
Networks

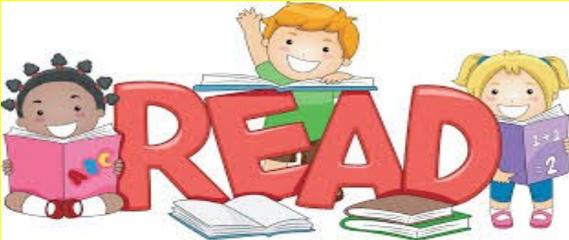
MONDAY

I got my money this morning and went for a coffee with my neighbour .



TUESDAY

My day to help out at the school with reading, so I had a bath and got dressed in tidy clothes. I can have a laugh with the teachers at morning tea.



WEDNESDAY

My Centre day. I meet up with my pals there. Jenny from my Network goes too, so we have a good catch up. We came up with a good idea for the Network meeting, which is tomorrow. Some of the Members are going bowling tonight. I don't like bowling much but I like the members so I will go along.

THURSDAY

We had the Network meeting in my house this afternoon, so my turn to make the tea and coffee. I made scones. For the first part of the meeting we talked about our business idea making cards. Then our Neighbourhood Support Street Co-ordinator called Deborah came to talk. Some of us in our street are going to join up in the neighbour Support group.



FRIDAY

I met up with Trudy my Network Facilitator. We talked about other outings that I would like instead of just bowling.

