



Community
Connections
Te Hāpori Āwhina Tāngata

THE CONNECTOR!

Volume 24 ~ Bumper Edition ~ Autumn 2015



*Blair and TK Taylor enjoy a barbecue organised
by Jordan Wilson, see page 4 for the story.*

Contents

Page

Out and about <i>by Blair Tonkin</i>	3
BBQ with my friends <i>by Jordan Wilson</i>	4
Keen to work! <i>by Tracey Mcfarlane</i>	6
The rewards of being a volunteer <i>by Paul Holmes</i>	6
Mosaic for Greenmeadows School <i>by Shane Love</i>	7
The radio show <i>by Felicity Lowes</i>	8
At the gym <i>by Tanya O'Brien</i>	9
Day trip to Masterton <i>by Tania Robbins</i>	10
A day at the races <i>by Allan Andrews</i>	11
Life with my bike <i>by Eve Rae</i>	12
Christmas parties <i>by Stephen Paramore</i>	13
Model of the year <i>by Deena Rigby</i>	14
My holiday in Blenheim <i>by Jenna Maguren</i>	15
Going fishing <i>by Emmagene Wilson</i>	15
Getting my art from paper to my T shirt <i>by Hoani Tapiata</i>	16

Community Connections

Main office: 1/7 Hinemoa St, PARAPARAUMU 5032

Phone 04 298 7703, www.ccslt.org.nz

The deadline for the next issue: Friday 19 June 2015

Please send stories and pictures to Michelle,
admin@ccslt.org.nz

Out and about

By Blair Tonkin

I live in Hastings. One day I went to the library with my support worker and had a good look around. Then I asked the lady if there were any books on Bob Marley because I could not find any on my own. The lady said most of them were out and many had not been returned. That is not very good – people should return the books! I wanted information for my work at the radio station. I really enjoy spending time putting pieces together for the radio programme. The station is Cape Kidnappers Radio.



Being out and about

We then walked to Cornwall Park and looked at all the birds in cages. The big white bird did not want to talk to us that day. We had a big walk around the duck pond. But we couldn't feed the ducks because some men were digging out rubbish and mud from the pond and I had eaten all of my sandwiches.

When my support time was finished I walked to my parents' house. I had an all right time on my outing.

BBQ with my friends

By Jordan Wilson

I organised a BBQ at The Esplanade with some of my new friends. On the day of the BBQ I went to my neighbours' house. A group of us walked down the road to Ferguson Street and crossed over and walked up the other side and crossed over two streets and then we went left at Cook Street. We then walked down Cook Street before we crossed over College Street and Park Road to get to The Esplanade.



Jordan and Sue

We had a few minutes to spare waiting for everyone else to arrive. My friend Sue Taputora arrived and we started



From left, Blair and TK Taylor

cooking the BBQ by the birds. We all sat together and helped ourselves to food and drink. I sat next to Sue and I got her a drink.



From left, Tithi, Jordan and Sue

I felt very pleased with the BBQ and seeing all my friends, including Mark Beckett, Bruce Mabey, Tithi Ghosh, Sue and Blair. I will have another BBQ soon with my friends at the Esplanade.



From left, Jordan, Sue, Mark and Bruce

Keen to work!

By Tracey Mcfarlane



*Tracey – ready
for work*

I am actively looking for work. I would like to stuff envelopes and do mail runs around Porirua for businesses or the like. I would be happy to do voluntary work and if it leads to paid employment that would be great. I have a great sense of humour and keen attitude to get out there and work my butt off! I am also looking at selling food in Porirua, so look out for me!

If anyone knows of work going could they please let me know?

The rewards of being a volunteer

By Paul Holmes



*Being an official
Cricket World Cup
volunteer*

I live in Wellington. This is what you could do if you put your mind to it. You can contact your local council and find out about different volunteer jobs.

I recently volunteered at the Cricket World Cup in Wellington 2015. I was an usher and also met and greeted many different people from many different countries. I found this job challenging but also rewarding. I was also lucky enough to keep the uniform that I'm wearing in the photo. Just one of the perks of doing my volunteer job.

Mosaic for Greenmeadows School

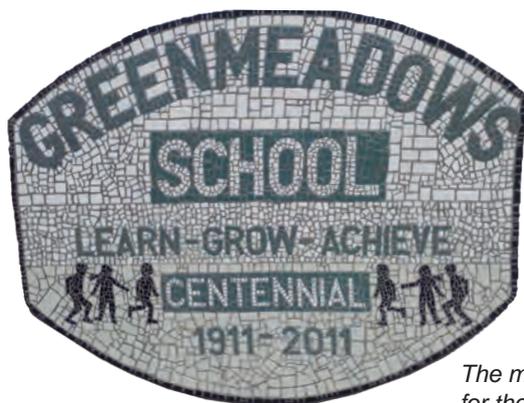
By Shane Love

Early in 2014 I began working on a mosaic sign for Greenmeadows School. I did the lettering for 'Greenmeadows' and 'Learn-Grow-Achieve' in green, likewise '1911-2011'. The lettering for 'School' and 'Centennial' was in white. The colours are white and pale green at the bottom, dark blue for the children and black for the border.

Leighann helped me to grout the sign. The grouting has to be done quite quickly.

The entire project took me weeks and weeks to complete and at last it is finished. But everything takes time – Rome was not built in a single day!

The Greenmeadows School Principal is extremely proud to see it.



*The mosaic I did
for the school*

The radio show

By Felicity Lowes



Recently I started going to Hastings with a group from Mosaics to do a radio show at Radio Kidnappers. Each fortnight I talk about a different topic of my choice. We talk about things that we have done or are interested in. I talk into the microphone and Ken records it. I love going to the radio show because it helps me to be more confident.

You can tune in and listen to our show 'Radio Active' at 6.30pm Wednesday nights on 104.7 FM or 1431 AM.

www.kidnappers.org.nz

1431 AM + 104.7 FM

Radio Kidnappers

Hawke's Bay's Community Access Station - "Putting You On Air"

WEDNESDAYS		
6:05am-7:00am	The Fabulous Fifties	Paul Peters plays great music from the 1950-1959 decade
7:05am-9:00am	Big Daddy's Breakfast	Did-you-know?s, plus all the hits from way back then
10:05am-11:00am	M V Golden Kiwis	all your favourite Kiwi hits, with Margaret & Vyron
11:05am-11:30am	Spurs Of Gold With Cowgirl Kat	The best of contemporary and modern Country music
11:30am-12noon	The Sea Week Team	monthly, 2nd Wed : National Aquarium news (8th Apr)
12:30pm-1:00pm	Health Matters	with Alison Cowell : monthly, on 1st Wed (starts 1st Apr)
12:30pm-1:00pm	Suicide - Supporting The Aftermath	monthly, 2nd Wednesday (8th Apr)
12:30pm-1:00pm	The Spirit Seeker	monthly, 3rd Wednesday (15th Apr)
12:30pm-1:00pm	Brain Injury Association HB	monthly, 4th Wednesday (22nd Apr)
1:05pm-4:00pm (P)	Margaret's Musical Moments	Easy-listening music for your Wednesday afternoon
4:05pm-4:30pm	The Te Awa School Radio Show	all their own work : fortnightly (returning in April)
4:05pm-4:30pm	Ebbett Park School Radio Show	all their own work : fortnightly (1st,15th,29th Apr)
4:30pm-5:00pm	Old 45s	with Big Daddy
5:05pm-5:30pm	The Brent Or Kiel Show	Brent or Kiel play their choice of music
5:30pm-6:00pm	Jessica's Jukebox	Memorable hits recalled
6:00pm-6:30pm	Scott's Favourites	Scott plays music you will remember
6:30pm-7:00pm	Radio Active	Real people at Mosaic
7:00pm-7:30pm	The Kenny Campbell Music Show	Kenny is here with drive-time hits (8th & 22nd Apr)
7:00pm-7:30pm	The Henry Nancarrow Show	Henry plays his favourite hits (1st,15th,29th Apr)

At the gym

By Tanya O'Brien

Look at me – I go to the Hikoi 4 Life Gym in Hastings. I walk to the gym and meet my support worker there.

I work out on the treadmill and the bike and have just started to use the rowing machine. I am enjoying going to the gym.

Sometimes there are lots of people and it can be noisy.

Since starting at the gym I have lost a total of 7 kilos which includes 2 kilos in the past month. Oops, I did put some weight back on over Christmas break (ate too much nice food)! I try very hard at the gym. There is music to listen to and I have met some of my cousins there.



Working out on the exercycle

Day trip to Masterton

By Tania Robbins

Paul Roche had a fun idea to plan a day trip to Masterton. He invited anyone who wanted to go. The response was great and 12 of us met at the Upper Hutt train station. Some of us had never been to Masterton before and the scenery from the train was magnificent.



On our Masterton trip: from left: Theo, Bruce, Damian, Keith, Lisa and Paul



Theo tries mini golf



Damian has a turn

When we got there it was really hot so we stopped and grabbed a cold drink before going swimming at the local pool. After everyone exhausted themselves in the pool we set off to find some lunch. As a treat everyone chose their own takeaways to have. With a mix of McDonalds, Subways and Burger King in hand we all went and sat in this cute little park that we found.

After lunch we then enjoyed a friendly but competitive game of mini golf. Altogether it was a fantastic day, but as it was very hot we all fell asleep on the train home!

P.S Damian won the golf game and poor Kazu came last.

A day at the races

By Allan Andrews

It all started with me walking down Racecourse Road with a big crowd. I was really pleased with the size of the crowd who were turning out to enjoy the Christmas races. It was also nice to see so many coming out to support their local racing club.

The track played very well with no problems during the day.

Thanks to being a member at the races, and with help from Wendy, I was able to meet the commentator Mark McNamara who was a nice person to talk to. I found out his favourite track to commentate at is in Kaikoura. He also said he would say “Hi!” to Matt Cross for me as he is my favourite commentator to listen to on the Trackside television channel.

I can't wait to go to as many races as I can throughout the coming year and hopefully get to meet Matt Cross in person.

Here are some photos of me getting to meet Mark McNamara and experiencing the commentary box. I also bumped into Ma'a Nonu after the races had finished – what a day!



Me with Mark McNamara



Me with Ma'a Nonu

Life with my bike

By Eve Rae

A couple of months ago I was given a bike. It is an adult's three-wheeler. Having my bike has helped with my mobility and strengthening my legs as well. I use it to go to my day based programme called Epic Pathways. It has given me more independence in my life. I like going to town and to church as well as to my mum's house. The colour of the bike is orange. The only



thing I had to do was buy a helmet and a new basket for the back of it. Without my bike my legs would not work as well as they do.

Enjoying getting around on my bike

Overall I really like it as summer is here. I will use the bike lots more and go on the bike paths with my boyfriend. He thinks it is good for me to have my bike and so does everyone else in my life.

Christmas parties

By Stephen Paramore



Enjoying the party

I live in Hastings. I was very lucky last year in December because I got to go to lots of Christmas parties because I am involved in a few groups that invited me to go along.

At one of the lunches we had party hats, yummy food and pudding and a drink like wine (grape juice). Two ladies played the guitar and banjo and we all sang along with them. We didn't have any Christmas cake because we were too full!

I went along with my support worker and two other ladies from Community Connections. We had party hats and crackers – it was really a nice time. I like to get out of my house.

Model of the year

By Deena Rigby

In December last year, I was a runway model for a fundraising fashion parade in the Tywford Hall. The fundraiser was for Jenny because she wanted to get a book she had written published. I got to wear three sets of different clothes. I walked down the runway and I posed at the end of it.

My mum also was a model and my friend Jenny and some more people from DRC. My dad came out to watch us walk down the runway. We all had a fun time. Lots and lots of people came along to look at the models and clothes. We had drinks and supper – everyone enjoyed the night. They raised lots of money.



In my everyday wear

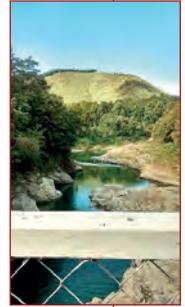


Being a fashion model

My holiday in Blenheim

By Jenna Maguren

My holiday in Blenheim was an awesome time with my family. We arrived there on a Friday. On the Saturday we went to the wine and food festival. It was a great event. Definitely coming back to the festival next year. Then on Sunday we went for a drive up past Nelson to Upper Moutere and stopped at Mapua and Motueka. The next day we looked around the wineries and had a look at the chocolate factory. I had an amazing time. Loved Blenheim! It was the best holiday ever. *Photo: Enjoying the wine and food festival.*



Views from our trip



Going fishing

By Emmagene Wilson

In February this year I went to Blenheim for my Dad's birthday. I took the ferry from Wellington to Picton with my brother Jack.

While we were in Blenheim I went fishing with Jack. It was the first time I have been fishing. We were on a small motor boat. I caught a fish — it was a baby snapper. Nobody else caught a fish. It was very exciting. Dad cooked the fish for our dinner. He wanted me to gut it. But I didn't want to, so he did it for me. It was delicious. We had it with a salad.



Catching a snapper

Getting my art from paper to my t-shirt

By Hoani Tapiata

I'm an artist from Palmerston North and I just wanted to share the three simple steps of how my art appeared on my t-shirt.

1. Sat around the table to have a catch up all about me, and what I like doing, not what I don't!
2. Wrote down a 'to do' list — put the name of each person who was doing what (this was my plan).
3. Actioned the plan.

From talking around a table I'm now heading into starting my own business printing my art on t-shirts and selling them!



Walking the talk – from dream to reality